



*A NEW BOOK  
for  
WOMEN  
WHO HAVE BEEN  
ABUSED TO  
RECLAIM  
THEIR LIVES!*

**By Susan M. Omilian**

**Award winning originator  
and facilitator of  
My Avenging Angel Workshops™**

With simple easy-to-read work sheets, invigorating writing exercises and inspirational success stories of survivors of abuse, this 150-page workbook contains the innovative motivational guidance that Susan Omilian has successfully used to move women from victim to survivor to "thriver!"



Susan is the award-winning originator and facilitator of My Avenging Angel Workshops™ based on the idea that "living well is the best revenge." An attorney and advocate for women for over 30 years, Susan was led to this work when her 19-year-old niece, Maggie, a college student, was killed in 1999 by her ex-boyfriend.



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Make checks payable to "Susan Omilian" and mail to Susan Omilian at 49 Lancaster Road, West Hartford, CT 06119. Visit Susan's web site at [www.myavengingangel.com](http://www.myavengingangel.com).